

NAAMKARAN · BY UJJVAL PANTH

50 Sanskrit Baby Names

Meanings, and a calm way to choose

A name is the first gift a child carries for life.

This little booklet gathers fifty Sanskrit names with their meanings — read them aloud, slowly, and notice which one your family keeps returning to.

Names 1–25

01	Aarav	Peaceful, calm
02	Aadhya	First power, the beginning
03	Advait	Unique, non-dual
04	Ananya	Matchless, unlike any other
05	Arjun	Bright, shining warrior
06	Aditya	The sun
07	Aarush	First ray of the sun
08	AaroHi	Ascending musical note
09	Anika	Grace, sweetness
10	Aarna	Ocean; goddess Lakshmi
11	Advika	Unique, the world
12	Ahaana	Inner light, sunrise
13	Bhavya	Grand, magnificent
14	Chinmay	Full of consciousness
15	Chitra	Picture, beautiful
16	Diya	Small lamp of light
17	Dhruv	Pole star, the constant
18	Dhanvi	Blessed with wealth
19	Devansh	Part of the divine
20	Eshan	The sun; Lord Shiva
21	Ekansh	Whole, one part
22	Gauri	Fair one; goddess Parvati
23	Girish	Lord of the mountain
24	Hriday	Heart
25	Ira	Earth; goddess Saraswati

Names 26–50

26	Ishaan	Sun, ruler of the northeast
27	Ivaan	Gracious gift
28	Kavya	A work of poetry
29	Krish	Lord Krishna
30	Kiara	Bright, radiant
31	Meera	Devotee of Krishna
32	Mahi	Earth, greatness
33	Myra	Sweet, admirable
34	Neel	Blue, colour of the sky
35	Navya	Young, ever-new
36	Nia	Bright, purpose
37	Ojas	Vital energy, radiance
38	Om	Sacred sound of the universe
39	Parth	King, warrior
40	Priya	Beloved
41	Reyansh	Ray of light
42	Riya	Graceful singer
43	Rudra	Fierce; Lord Shiva
44	Saanvi	Goddess Lakshmi
45	Shaurya	Courage, valour
46	Siya	Goddess Sita
47	Tara	Star
48	Vihaan	Dawn, first ray of the sun
49	Vaani	Speech; goddess Saraswati
50	Yash	Fame, glory

How to choose, gently

1. Shortlist five names. Say each one out loud for a whole day.
2. Check the meaning in full — not just the sound.
3. Try the nickname it will naturally become.
4. Ask how it travels: across languages, classrooms and countries.
5. Sleep on it. The right name feels quiet, not clever.

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